

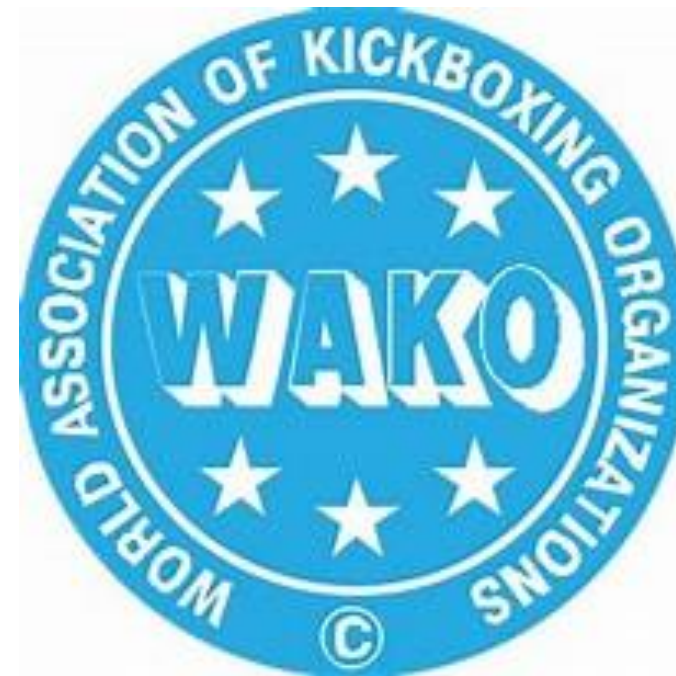
WAKO GRADING SYLLABUS COMMITTEE

CHAIRMAN TOMAZ BARADA, SLOVENIA

&

COMMITTEE MEMBERS

APPROVED BY THE WAKO IF BOARD AS
OPTIONAL GRADING SYSTEM FOR WAKO
MEMBERS ON 29.11.2024



**INTRODUCTION OF THE (OPTIONAL) WAKO
INTERNATIONAL BLACK BELT DAN CERTIFICATE AND
ID CARD**

DEAR WAKO MEMBERS,

**ON BEHALF OF WAKO GRADING SYLLABUS, WE
INFORM YOU THAT STARTING FROM JANUARY 1ST,
2025, YOU MAY REQUEST THE OFFICIAL WAKO
INTERNATIONAL BLACK BELT DAN CERTIFICATE AND
ID CARD ACCORDING TO THE FOLLOWING RULES
AND REGULATIONS LAID DOWN IN THIS
POWERPOINT PRESENTATION.**



INTRODUCTION OF THE WAKO INTERNATIONAL BLACK BELT DAN CERTIFICATE AND ID CARD

WHY ?

- 1. TO ALIGN WITH IOC EXPECTATIONS, PROMOTING NOT JUST ATHLETIC ACHIEVEMENT BUT ALSO THE HOLISTIC DEVELOPMENT OF ATHLETES IN THE GLOBAL KICKBOXING COMMUNITY.**
- 2. TO SET AND RAISE THE STANDARD OF DAN PRACTITIONERS IN ALL WAKO MEMBER COUNTRIES AND ESTABLISH CLEAR UNIFIED EXPECTATIONS OF EXCELLENCE AND ACHIEVEMENT IN THE SPORT OF KICKBOXING.**
- 3. TO PROMOTE A DEEPER UNDERSTANDING OF THE PHILOSOPHY AND PRINCIPLES UNDERLYING KICKBOXING INCLUDING RESPECT, HUMILITY, HONOUR, AND THE ETHICAL USE OF ONE'S SKILLS.**
- 4. TO COLLABORATE WITH UNIVERSITIES, SPORTS INSTITUTES, AND MARTIAL ARTS ACADEMIES TO DEVELOP EVIDENCE-BASED TRAINING PROGRAMS THAT CAN BE INTEGRATED INTO EDUCATION.**
- 5. TO MAINTAIN A GLOBAL REGISTRY OF DAN PRACTITIONERS TO ENSURE TRANSPARENCY AND AVOID DISCREPANCIES IN RANK RECOGNITION BETWEEN COUNTRIES.**



1. Promotion 1st to 3rd Dan WAKO Black Belt – National Level Promotion

The National Association shall set the rules and guidelines for 1st to 3rd Dan Black Belt promotions.

The National Association shall release their own National 1st to 3rd Black Belt Dan certificate.

At request candidates may apply through the National Association the WAKO International Black Belt Dan certificate and ID Card paying the settled fees as laid down in appendix nr. 1 .



2. Promotion 4th to 7th Dan WAKO Black Belt

To obtain a WAKO International Black Belt Dan certificate and ID card for 4th to 7th Dan, candidates must attend an “International WAKO Sport Seminar”. The request must be made at least 3 months before the Seminar/Promotion, by written permission from their National Association (NA) who shall send the request to the WAKO HQ.

Above mentioned seminars might be organized at Continental level before or after a WAKO programmed WORLD and/or Continental event.

The candidate's National Federation President may be invited to join the International Grading Panel, to enhance the credibility and have oversight of the grading process.



3. Promotions from 8th to 10th Dan WAKO Black Belt

Promotions for 8th to 10th Dan Black Belt are released by the WAKO Board of Directors according to:

- I. A minimum 35 years of dedication and affiliation to Kickboxing.**
- II. Presented only to the President of WAKO, by majority decision of the Board Directors, or, on very special occasions, to other very important and loyal WAKO Members, by majority decision by the Board of Directors.**
- III. The Board of Directors may issue honorary Dan certificates by a majority decision by the Board of Directors.**



4. Replacement National Black Belt Certificates

Persons already in possession of a National Black Belt Dan Certificate may obtain, through their National Association, the official WAKO Black Belt Dan replacement certificate according to the fees as laid down in appendix nr. 1

Persons coming from other federations and requesting a 4th Dan or above must first take part in the International WAKO Sport seminar to obtain the requested Dan level.



5. Waiting time/Preparation period

To be promoted, candidates must follow the indicated period:

The minimum age to become a 1° Dan Black Belt is when a candidate, in the year of birth, becomes 16 years old.

1st to 2nd Dan – 2 years

2nd to 3rd Dan – 3 years

3rd to 4th Dan – 4 years

4th to 5th Dan – 5 years

5th to 6th Dan – 6 years

6th to 7th Dan – 7 years

8th, 9th and 10th Dan – see point 3. I, II - page 6



6. International WAKO Sport Seminar.

The theme of the “International WAKO sport seminar” is to explore a range of topics related to developing all aspects of a rounded WAKO practitioner to be a better coach.

- 1. Skill acquisition through physical, relaxing, stretching and breathing exercises.***
- 2. Specific technical training methods to prepare athletes at all levels in our various sport combat styles.***
- 3. How to deal with Injuries***
- 4. Sports psychology***
- 5. When Mental Coaching assistance is needed***
- 6. Theoretical part – WAKO History, Rules & Regulations.***
- 7. WAKO Black Belt Dan examinations/promotion***
- 8. Other***



6.1 Participation at “International WAKO Sport Seminar”

The International WAKO sport seminars are open to WAKO affiliated members with a minimum age of 16 years old.

6.2 Presenters at International WAKO sport seminars.

Distinguished (ex) World/Continental competitors, officials and others coordinated by Chairman, Tomaz Barada, shall be presenting the seminars by a rotation system to create a big team of capable persons.



*Thank you for your attention and let's make WAKO move professionally
forward all **together***

Tomaz Barada

Chairman Grading Syllabus Committee

Maribor, Slovenia

02-10-2024

